

## BOOK REVIEW

J W Thomas Byrd, Asheesh Bedi, Allston J Stubbs, *The Hip: AANA Advanced Arthroscopic Surgical*. SLACK Inc., 2016, ISBN 10: 1630910007, ISBN 13: 9781630910006 352, \$99.95 USD, Hard Cover, 352 pp

In the growing world of hip arthroscopy instructional texts, it can be challenging to find a concise but detailed surgical guide. The Arthroscopy Association of North America (AANA) recently published an comprehensive surgical technique guide with internationally renowned editors and contributors. *The Hip: AANA Advanced Arthroscopic Surgical Techniques* (SLACK Inc., Thorofare, NJ, USA, 2016) is one of the five books in the AANA Advanced Arthroscopic Surgical techniques and provides current approaches to diagnosis, therapeutic and reconstructive surgical techniques. The thoughtful and user-friendly format with detailed instruction, illustration and tips and pearls is consistent with AANA's goals of education and illustration. Access to AANA's extensive and carefully procured video website access is included with the purchase of the book.

*The Hip* follows the global structure of the AANA Advanced Surgical Techniques Series. Each section is organized into chapters with consistent structure with bulleted lists and readily identified high-yield information, tips and pearls. The progression of the book follows a logical format with an Introduction to Hip Arthroscopy, a discussion of the Operative Setup options, management of the central and peripheral compartments, extracapsular management, and the book concludes with several chapters with controversies and future considerations in hip arthroscopy. In the introduction section, leading hip arthroscopists describe their approach to the evaluation and examination of the patient with hip pain and imaging considerations. This chapter contains detailed and informative pictures and illustrations to support the clear and concise text. The section concludes with a discussion of the indications for hip arthroscopy and a detailed anatomical examination of the hip.

The majority of the book then focuses on the preparation and execution of hip arthroscopic surgery. The second section discusses the operating room set-up with options for both the supine and the lateral positioning and detailed perioperative checklists. The use of intraoperative fluoroscopy

and options for portal placement with alternative approaches are also discussed. As is the case with all chapters, the detailed figures are accompanied by online videos to support the techniques.

Surgical management of intra-articular and extracapsular management are discussed in the next two sections. Each of the chapters are written by leading hip arthroscopists who share their strategies, pearls and pitfalls for managing hip pathology. Indication considerations, equipment preferences, technical pearls and detailed postoperative protocols are presented in each of the chapters and are frequently listed in high-yield bullet point format.

Perhaps one of the most unique and innovative features of the book is the inclusion of the Controversies and Future Considerations section. Experience hip arthroscopists debate the role of arthroscopy for treatment of hip instability, hip dysplasia and pediatric hip pathology. The considerations for revision of hip arthroscopy in the roles for computer-aided hip arthroscopy are also reviewed. This unique section provides a platform for readers to continue their education and direct future research.

AANA continues to support their mission of continuing surgical education and innovation and arthroscopy by publishing informative text. *The Hip* is another installment in an outstanding series intended to provide the practicing surgeon with an accessible but detailed guide to current techniques and strategies in hip arthroscopy. This text is an invaluable resource for those interested in improving their hip arthroscopy knowledge and skills.

### CONFLICT OF INTEREST STATEMENT

None declared.

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