

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Gender: Male Female Occupation: \_\_\_\_\_ Athlete/School: \_\_\_\_\_

What physician or other health care professional sent you to us? \_\_\_\_\_

Please explain your problem in one sentence \_\_\_\_\_

What body part is involved? R L \_\_\_\_\_ When did it start? \_\_\_\_ Days \_\_\_\_ Weeks \_\_\_\_ Months \_\_\_\_ Years

What are your expectations today? Explanation or Diagnosis Tests Medicines  
Therapy Injection Schedule surgery

Check the **ONE box** that best describes how your problem started:

**NO INJURY- onset was** \_\_\_\_ Gradual \_\_\_\_ Sudden Why do you think it started? \_\_\_\_\_

**INJURY- \_\_\_\_ Accident \_\_\_\_ Sport** Date of injury \_\_\_\_\_ Sport? \_\_\_\_\_ School? \_\_\_\_\_

**WORK RELATED** Date of Injury/Pain \_\_\_\_\_ How? \_\_\_\_\_

**AUTO ACCIDENT** Date \_\_\_\_\_

On a scale of 0-10 (10 is the worst) how severe is your pain? (Circle) 0 1 2 3 4 5 6 7 8 9 10

Check the ones that describe your pain: Sharp Dull Stabbing Throbbing Aching Burning

The pain is: Constant Come and goes Does your pain wake you from your sleep? Yes No

Since your problem started, it is: Getting better Getting worse Unchanged

What makes your symptoms worse? Standing Walking Running Getting Up Stairs Twisting Kneeling  
Squatting Lifting Reaching Gripping

What medications are you taking now (or previously) for this problem? \_\_\_\_\_

Have you had any of these treatments? Injection Brace Physical Therapy Crutches

What tests/scans have you had for this problem? X-ray MRI CAT scan Bone Scan Nerve test (EMG/NCV)

Have you had surgery for this problem? Yes (list below) No

Surgery Date(s)/Physician(s)/Procedure(s): \_\_\_\_\_

Current Work status: Regular Light duty (how long \_\_\_\_\_) Not working due to problem Disabled  
Retired Student

When is the last date you worked your regular job? \_\_\_\_\_

Are you currently receiving or plan to apply for: Disability Workmen's Comp Unemployment

List Doctors who have treated you- Include Name/Specialty/City/Date

**MEDICAL HISTORY:** Please check if **you** have any of the following:

- High blood pressure  Diabetes  Stroke   
 Heart disease  Cancer  Respiratory Problems   
 Bleeding problems   
 Allergies  (List) \_\_\_\_\_  
 Other  (List) \_\_\_\_\_

Current Medications: \_\_\_\_\_

Past hospitalizations/surgeries/injuries and approximate dates: \_\_\_\_\_

Please check if any of your relatives ever had any of the following problems- indicate who:

- Heart disease  Who: \_\_\_\_\_ High blood pressure  Who: \_\_\_\_\_  
 Diabetes  Who: \_\_\_\_\_ Stroke  Who: \_\_\_\_\_  
 Cancer  Who: \_\_\_\_\_ Thyroid disease  Who: \_\_\_\_\_

**SOCIAL HISTORY:**

- Marital status:  single  married  separated  divorced  widowed  
 Tobacco use:  never  quit-when \_\_\_\_\_  smoker/pack per day \_\_\_\_\_  
 Alcohol use:  never  rarely  moderate  daily  
 Drug use:  never  type and frequency \_\_\_\_\_

**REVIEW OF SYSTEMS**

**Constitutional**

- Good General Health  
 Recent weight change  
 Night sweats, fevers  
 Fatigue

**Ears/Nose/Mouth/Throat**

- Hearing loss or ringing  
 Sinus problems  
 Nose bleeds  
 Sore throat/voice change

**Eyes**

- Wear glasses/contacts  
 Blurred/double vision  
 Eye disease or injury  
 Glaucoma

**Cardiovascular**

- Chest pain  
 Palpitations  
 Heart trouble  
 Swelling hands/feet

**Respiratory**

- Shortness of breath  
 Cough  
 Wheezing/asthma  
 Coughing up blood

**Gastrointestinal**

- Nausea/vomiting  
 Abdominal Pain  
 Rectal Bleeding  
 Bowel problems

**Musculoskeletal**

- Muscle pain or cramps  
 Stiffness/swelling in joints  
 Joint pain  
 Trouble walking

**Neurological**

- Frequent headaches  
 Paralysis or tremors  
 Convulsions/seizures  
 Numbness/tingling

**Integumentary (Skin/Breast)**

- Change in hair/nails  
 Rashes or itching  
 Breast lump  
 Breast pain or discharge

**Endocrine**

- Excessive thirst/urination  
 Thyroid disease  
 Hormone problem

**Hematologic/Lymphatic**

- Bruise easily  
 Slow to heal  
 Enlarged glands

**Allergic/Immunologic**

- Food allergies  
 Aspirin allergies  
 Antibiotic allergies

**Genitourinary – Male only**

- Blood in urine  
 Kidney stones  
 Sexual problems  
 Testicle pain

**Genitourinary-Female only**

- Blood in urine  
 Kidney stones  
 Sexual problems  
 Menstrual pain

**Psychiatric**

- Insomnia  
 Confusion/memory loss  
 Depression

Patient Statement: To the best of my knowledge, the above information is accurate.

Physician Statement: I have reviewed the questionnaire with the patient. All systems reviewed with pertinent positives noted by check boxes. All other systems were reviewed and found to be negative.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_